

Advanced 400 Courses

402. Supervision of Supervision

Clinical instructors who are supervising Imago therapists often need consultation to maintain their objectivity and effectiveness. Make an appointment with any faculty member of the Institute for a phone consultation or in person supervision session.

Fee: Varies

Non-refundable Deposit: Send 20% of the fee to IRI Training Department, 250 Blackwater Place, Longwood, FL 32750, which develops the registration of the classes. Checks are to be out to IRI. Credit cards are acceptable.

Balance due: Pay the Clinical Instructor the balance.

CE Credits: Number of CE credits matches the number of supervision hours.

405. Heating Up the Bedroom

Sexual relatedness can either be a significant source of pleasure or pain to a committed couple. An integral part of any therapist's practice is to help a couple move away from a disconnected way of living into a passionate, erotic connection with one another.

In this course, we will examine the couples' capacity to enjoy and emotionally intimate and sexual life from a developmental perspective. We will also examine the following issues and discuss and demonstrate clinical interventions for the couple who has created a safe attachment but without erotic charge.

Participants will learn to:

1. Understand the obstacles to a deeply primal, sensual, physical love.
2. Help clients take the emotional risks inherent in physically intimate connections.
3. Manage the tough clinical dilemmas. For example: What do you say to the partner who reports "I just don't feel turned on by him or her anymore?"
4. Help couples understand the shadow selves that can emerge in the bedrooms.

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5. Help couples survive the inevitable ebb and flow of erotic, sexual feelings.

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408. The Journey of Parenthood

The ideas and skills of Imago Relationship Therapy transcend the adult love relationship and are vital and relevant to conscious parenting. In addition to the couples' journey and the four journeys of the self, understanding the journey of parenthood is equally essential to self-completion and the healing process.

In this course, we will present our musings, astonishments and discoveries as parents and explore how to use the constructs of Imago Relationship Therapy to:

1. Help couples understand the impact of their own family of origin and identify the wounding of their childhood in order not to replicate, or over compensate for, the parenting they received.
2. Teach parents how to develop a collaborative parenting vision and the skills necessary to infuse daily life with that vision.
3. Attune the skill of dialogue to the child's needs across developmental stages including infants, toddlers, school-age years and adolescence.
4. Nurture the individual development of each child while, at the same time, set limits with firmness and empathy so that the child's sense of self is strengthened and a sense of connection is sustained.
5. Learn how to set limits without the use of punishment.

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6. Acknowledge and celebrate the ordinary and extraordinary moments of parenthood and family life in order to enhance the child's excitement and curiosity about life and appreciate the parents' intentionality and effort.

This one or two day workshop is both didactic and experiential and will provide you with personal insights as well as practical skills that you can use in your office with couples, children, and families.

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