

Course 520 Imago Consultant Training

This course is designed for experienced Imago Therapists. The role of a Certified Imago Consultant is to help less-seasoned clinicians improve their skills and techniques in order to become stronger therapists. This course will enable trainees to strengthen their own clinical skills, perceive areas of weakness in their consultees, create safe learning environments, and adapt their feedback techniques to complement consultees' individual character structures.

Course Structure

This course consists of 3 modules of 3 days each, totaling 9 days (or 72 hours).

Admission Requirements

This course is open to Certified Imago Therapists who:

1. Have been certified as an Imago Therapist for a minimum of 2 years.
2. Are in good standing as an active member within Imago Relationships International (IRI).
3. Are engaged in an active couples practice consisting of 5 or more couples weekly (on average).
4. Have completed a minimum of 3 advanced-level courses.

Application Requirements

1. Completed application form with a \$700 deposit sent to Imago Relationships International.
2. Two letters of recommendation from faculty members of the Imago International Institute.
3. A DVD of a complete couples therapy session. Please note that trainees must bring this DVD to Module 1 of the course.

Tuition

The tuition fee of \$3500 includes the 9-day, 72-hour training course as well as 12 hours of follow-up phone bridges. A \$700 deposit is due to IRI, and the remaining balance of \$2800 should be paid directly to the course instructor.

CEUs

Upon successful completion of course requirements and post-training requirements, 72 CEUs will be awarded.

Course Requirements

Imago Consultant Trainees must:

1. Attend all 9 days (or 72 hours) of training.
2. Bring to Module 1 a DVD of a complete couples therapy session.
3. Bring to Modules 2 and 3 a DVD of an individual (or group) consultation session as well as a DVD of a consultee's work with a couple and the scoring sheets used to evaluate this consultee.
4. Submit 2 papers:
 - a. What is it that guides you as an Imago Therapist?
 - b. What is it that guides you as an Imago Consultant?

Post-Training Requirements

In order to maintain certification, Imago Consultants must:

1. Participate in 12 hours of follow-up phone bridges with the course instructor and other trainees. The cost of these phone bridges is included in the course tuition. The format and schedule will be decided upon by the group.
2. Attend the "Certified Consultants' Update" course at the Imago annual conference at least every other year.

Certified Imago Consultants are encouraged to remain in ongoing consultation with a clinical instructor or a separate certified consultant.

Permissions

Certified Imago Consultants are permitted to provide consultation to Certified Imago Therapists. They may also award Imago CEUs. Consultants will be invited by Clinical Instructors to provide the required monthly supervision and consultation to Level II trainees in the Basic Clinical Training program. (Note: Level II requires a minimum of six months of supervision and consultation.) However, Consultants should not independently approach Level II trainees unless they are working in collaboration with the Clinical Instructor.

Course Outline

Module 1:

Trainees are asked to bring to Module 1a DVD showing their work with a couple as well as a paper focusing on the following topic: What is it that guides you as an Imago therapist? What guided your thinking as you worked with the couple appearing on your DVD?

During this module, trainees will present DVDs of their own work, give themselves feedback (using a scoring sheet), and receive feedback from the instructor and other trainees. The instructor will demonstrate the traditional Imago feedback model and the ways in which it can be used to meet the needs of individual consultees. This module will also emphasize skill building, relationship building, and character structure work. Trainees will view and evaluate DVDs of therapists in the Basic Clinical Training program; the instructor will describe each therapist and then ask trainees to model the feedback they would give to each individual therapist.

Assignment between Modules 1 and 2:

Trainees will be asked to record their consultation work with an Imago trainee or therapist. They will bring to Module 2 the DVD of their work as well as a DVD of their consultee's work and the scoring sheet used for assessment. Trainees will also be asked to bring a written explanation of their experience and their rationale behind the style and manner in which they chose to provide consultation.

Module 2:

During this module, trainees will present their consultation DVD, including a segment of the DVD they evaluated. They will receive feedback from the instructor and other trainees.

Assignment between Modules 2 and 3:

This assignment is the same as the one between Modules 1 and 2.

Module 3:

During this module, trainees will again present their DVDs and receive feedback. This module also focuses on in-depth consultation and challenging topics in consultation, such as self-regulation and ethical issues.

