

## **Course 200SG**

# **Basic Clinical Training in Imago Relationship Therapy**

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### **Learning Objectives**

Participants will be able to:

1. Discuss childhood stages of development and wounding as well as resulting characterological adaptations in primary relationships.
2. Discuss the concept of the *imago* and the role it plays in partner selection and subsequent stages of adult relationships.
3. Work with a couple's resistance, flow with it, and keep volatile couples in dialogue.
4. Demonstrate dialogical skills to assist couples in restructuring conflict and frustration, resolving adult and childhood rage, bringing them into a healing relationship, and guiding them from unconscious to conscious relating (from reactivity to intentionality).
5. Demonstrate skills to assist couples in increasing validation and empathy and achieve a deeper level of commitment and intimacy.
6. Focus on their own personal characterological growth and thus be more capable of helping clients get in touch with childhood pain and find healing in their present intimate relationships.
7. Empower couples to continue the work of healing after therapy is terminated.